

UNIVERSIDADE ESTADUAL DE MARINGÁ CENTRO DE CIÊNCIAS AGRÁRIAS Programa de Pós-Graduação em Ciência de Alimentos

## BIODEGRADABLE FILMS BASED ON COMMERCIAL κ-CARRAGEENAN AND CASSAVA STARCH TO ACHIEVE LOW PRODUCTION COSTS

# CAMILA DE LIMA BARIZÃO

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Dissertação apresentada ao programa de Pós Graduação em Ciência de Alimentos da Universidade Estadual de Maringá, como parte dos requisitos para obtenção do título de mestre em Ciência de Alimentos.

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## "BIODEGRADABLE FILMS BASED ON COMMERCIAL κ-CARRAGEENAN AND CASSAVA STARCH TO ACHIEVE LOW PRODUCTION COSTS".

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## **BIOGRAFIA**

Camila de Lima Barizão nasceu em 05 de janeiro de 1996 na cidade de Paranavaí-PR. Possui graduação em Bioquímica pela Universidade Estadual de Maringá. Tem experiência nas áreas de Polímeros e biopolímeros atuando principalmente nos seguintes temas: Desenvolvimento de filmes biodegráveis e Filmes biodegrádeveis ativos.

### Dedico

Dedico este trabalho a Deus, minha familia e namorado, que são as pessoas mais importantes da minha vida.

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## APRESENTAÇÃO

Esta dissertação de mestrado está apresentada na forma de um artigo científico

# Biodegradable films based on commercial κ-carrageenan and cassava starch to achieve low production costs

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### **GENERAL ABSTRACT**

**INTRODUCTION.** Conventional oil-based packaging is becoming a huge problem due their high degradation time, resulting in environmental pollution. Therefore, natural packaging, based on proteins and polysaccharides, with a short degradation time has been studied. The starch is one of the most used polysaccharides in biodegradable biofilms due to its capacity to form a continuous matrix, plenty, low cost, renewability and eco-friendly. Starch granules are gelatinized with a plasticizer (such as glycerol) excess water and temperature between 60° C and 100° C producing the thermoplastic starch (TPS). Despite nontoxic and biodegradable, the TPS films do not have good mechanical and barrier properties. Thus, TPS and different polymers blends (including synthetic polymers, such as polyvinyl alcohol; PVA) can produce films with improved features, suitable for use in food. Few studies have reported the starch and ĸcarrageenan (linearly sulfated polysaccharide extracted from red algae) blends. The kcarrageenan as a gelling agent, used in the production of the biodegradable films, for example, GENUGEL®. The GENUGEL® is a commercial product based on κ-carrageenan developed by CP Kelco and used as a thickener, stabilizer, gelling and texturizing agent in food applications. However, GENUGEL® was not used in biodegradable films or any mixture with starch, by the solvent evaporation method. The k-carrageenan application is approved by Food and Drug Administration (FDA), and both (*k*-carrageenan and GENUGEL®) can be used as food ingredients and in food packaging.

**AIMS.** Evaluate the effect of the incorporation of a commercial  $\kappa$ -carrageenan on the physicochemical properties of starch-based films for the first time. PVA and glycerol were used as plasticizers.

MATERIALS AND METHODS. Films were created from the casting method. Glycerol and PVA were dissolved in distilled water under magnetic stirring. Then, desirable  $\kappa$ -carrageenan and cassava starch contents were slowly added to the aqueous glycerol and PVA solution with magnetic stirring for 20 min. The mixture was heated to 90 °C for 30 min under magnetic stirring to prepare polymer blends and support starch gelatinization. After, the mixtures were added to the ultrasonic bath to remove air bubbles and then, transferred to Petri dishes to solvent evaporation. After the solvent evaporation, each film was peeled off the Petri dish and stored in an appropriate package at room temperature for further analysis. It was produced five different films at ĸcarrageenan: starch weight ratios of 100:0 (100k-c), 75:25 (75k-c), 50:50 (50k-c), 25:75 (25k-c) and 0:100 (0 $\kappa$ -c). The thickness of films was analyzed by an electronic digital micrometer, while the mechanical properties were verified by a texturometer, where was evaluated the tensile strength ( $\sigma$  - MPa), elongation at break ( $\epsilon$  - %), and Young's modulus (MPa) (Modulus of elasticity related to the stiffness). The Fourier transform infrared spectroscopy (FTIR) spectra of films and their precursors were also considered. In terms of thermal analysis, we realized the thermogravimetric (TGA/DTG) and differential scanning calorimetry (DSC). The physicalchemical films characteristics were also studied across moisture and water solubility, swelling degree (SD) and swelling kinetic, water and oil vapor permeability. The color and apparent opacity were studied by spectrophotometer.

**RESULTS AND DISCUSSIONS.** Overall,  $\kappa$ -carrageenan: starch films showed excellent processability, handleability, and homogeneity. The films' thickness ranged from 150 to 190  $\mu$ m. This finding can support packages for food applications. Small bubbles remained in the 100 $\kappa$ -c solution even after the treatment. It happens because the aqueous  $\kappa$ -carrageenan solution should

support a high viscosity due to the linear polymer structure and high molar mass, so, the bubbles do not escape from the blend. The moisture (MC) for k-carrageenan: starch films was low and ranged from 2.52 to 3.74%. The MC increases as the starch concentration rise due to the higher density of hydroxyl groups on the starch molecules. The water solubility (WS) ranged from 39.22 to 62.86%. The 100 $\kappa$ -c, 75 $\kappa$ -c, and 50 $\kappa$ -c presented higher WS than the 25 $\kappa$ -c and 0 $\kappa$ -c. This was because the k-carrageenan presents ionized sulfate sites stabilized by metallic ions. The SD results varied from 391.6 (0 $\kappa$ -c) to 2002% (100 $\kappa$ -c). The SD increases as the  $\kappa$ -carrageenan concentration raise because the k-carrageenan solutions provide physical hydrogels at the presence of metallic ions. Therefore, they can absorb more water than the starch-based film  $(0\kappa)$ c). The film structures remained stable even after the maximum water gain in the kinetic curve profile. This result suggests that the films present stable networks due to the active association between the film precursors. The  $100\kappa$ -c and  $75\kappa$ -c were more permeable to water vapor than the  $25\kappa$ -c and  $0\kappa$ -c. The  $50\kappa$ -c supported a WVP significantly lower than the WVP for  $75\kappa$ -c (p > 0.05). Stiff structures (with low SDs) should promote low WVPs. The films displayed excellent visual appearance. The high values for L and WI, and low measures for E, suggest colorless films. The film opacity ranged from 0.67 to 0.88. The films with a higher amount of starch have greater opacity. The oil permeability was between 0.0033 and 0.0043 mm m<sup>2</sup> d<sup>-1</sup> for the  $\kappa$ carrageenan: starch films, low oil permeability indicates that the oil molecules have difficulty in transposing the film, this is due to the hydrophobic groups of the precursors. As for mechanical, as the  $\kappa$ -carrageenan content increased, the tensile strength was higher. The films with the highest amount of k-carrageenan had a higher Young's modulus, that is, they were more rigid, however, they had less elongation at break. The FTIR spectrum bands indicate films composed by PVA, glycerol, starch and k-carrageenan. Thermogravimetric analyzes indicate that starch is more thermally stable compared to  $\kappa$ -carrageenan, so films with a higher amount of starch will be more stable at high temperatures. Films with the highest amount of starch ( $0\kappa$ -c and  $25\kappa$ -c) show endothermic peaks on DSC analysis, while in the other films only exothermic peaks occurred. Endothermic peaks indicate the melting of the material and exothermic peaks to the degradation of the material; therefore, this result also indicates that films with higher amounts of starch are more thermally stable.

**CONCLUSION.** According to results obtained is possible conclude that the casting method was efficient for producing films from selected parameters. The  $\kappa$ -carrageenan: starch ratio was essential on mechanical, physical and chemical properties obtained. The addition of starch to the  $\kappa$ -carrageenan produced flexible films with high thermal stability. The presence of  $\kappa$ -carrageenan provided stiff films. Depending on the desired application, the film's traits can be modulated by tuning the  $\kappa$ -carrageenan: starch weight ratio in the polymer blend.

#### Keywords: Polysaccharides; food packaging; Biopolymers.

#### **RESUMO GERAL**

**INTRODUÇÃO.** As embalagens convencionais originadas do petróleo têm se tornado um grande problema, visto que demoram muito tempo para se degradarem, o que pode gerar poluição ambiental. Assim, embalagens de origem natural, a base de proteínas e polissacarídeos, com curto tempo de decomposição vêm sendo estudadas. O amido é um dos polissacarídeos mais usados para o desenvolvimento dos novos biofilmes, devido ao seu potencial de formar uma matriz continua e também por sua abundância, baixo custo, por ser renovável e não tóxico. Quando os grânulos de amido são gelatinizados com um plastificante (como o glicerol) em excesso de água e a temperaturas entre 60° C e 100° C formam um termoplástico amido (TPS). Apesar de atóxicos e biodegradáveis, os filmes de TPS não apresentam boas propriedades físicas e de barreira. Assim, misturas de TPS e diferentes polímeros (incluindo polímeros sintéticos, como o álcool polivinílico; PVA) podem gerar filmes com características melhoradas, desejáveis para a aplicação em alimentos. Poucos estudos relataram a mistura de amido e κ-carragena, que é um polissacarídeo de estrutura linear sulfatada extraído de algas vermelhas. A κ-carragena possui capacidade de gelificação, podendo assim ser usada para a produção de filmes biodegradáveis, como é o caso do GENUGEL®. O GENUGEL® é um produto comercial de κ-carragena desenvolvido pela CP Kelco, utilizado como espessante, estabilizante, gelificante e agente texturizante em aplicações de alimentos. No entanto, GENUGEL® κ-carragena ainda não foi relatado em filmes biodegradáveis e nem em misturas com amido para formação de filmes pelo método de evaporação do solvente. O uso de amido e κ-carragena são aprovados pela Food and Drug Administration (FDA). Ambos podem ser usados como ingredientes alimentares e também em embalagens de alimentos.

**OBJETIVO.** O objetivo deste estudo foi avaliar o efeito da incorporação de uma  $\kappa$ -carragena comercial nas propriedades físico-químicas de filmes à base de amido de mandioca pela primeira vez. PVA e glicerol foram usados como plastificantes.

MATERIAIS E MÉTODOS. Os filmes foram produzidos pelo método de fundição. Glicerol e PVA foram dissolvidos em água destilada sob agitação magnética. Em seguida, os teores desejáveis de  $\kappa$ -carragena e amido de mandioca foram adicionados lentamente à solução aquosa de glicerol e PVA com agitação magnética. A mistura foi aquecida a 90°C por 30 min sob agitação magnética para realizar a gelatinização do amido. Em seguida, as misturas foram levadas ao banho ultrassônico para remoção das bolhas de ar, transferidas para placas de Petri e colocadas em estufa para evaporação do solvente. Após a secagem, os filmes foram retirados das placas e armazenados em embalagens adequadas. Foram desenvolvidas cinco formulações de filmes variando as proporções de κ-carragena: amido 100: 0 (100κ-c), 75:25 (75κ-c), 50:50 (50κ-c), 25:75 ( $25\kappa$ -c) e 0:100 ( $0\kappa$ -c). Depois de prontos os filmes foram caracterizados. Avaliou-se a espessura por meio de micrômetro digital, enquanto as características mecânicas foram verificadas através de texturômetro, onde foram avaliados a resistência à tração ( $\sigma$  - MPa), alongamento na ruptura ( $\varepsilon$  -%) e módulo de Young (MPa) (Módulo de elasticidade em relação à rigidez do material). O espectro de infravermelho por transformada de Fourier (FTIR) dos filmes e de seus precursores também foram realizados. Quanto às análises térmicas, foram realizadas as análises termogravimétrica(TGA/DTG) e calorimetria de varredura diferencial (DSC). As caracteristicas fisico-químicas dos filmes também foram estudadas atraves de análises de umidade, solubilidade em água, grau de intumescimento, cinética de intumescimento, permeabilidade de vapor de água e permeabilidade de óleo. Um estudo da coloração e opacidade

**RESULTADOS E DISCUSSÃO.** Em geral, todos os filmes desenvolvidos apresentaram boa processabilidade, manipulação e homogeneidade. As espessuras variaram de 150 a 190 µm, o que pode ser considerado bom para uma possível aplicação em alimentos. A formulação 100k-c apresentou pequenas bolhas mesmo após o uso do banho de ultrassom. Isso ocorreu devido à estrutura linear e alta massa molar da κ-carragena produzir uma solução aquosa muito viscosa, impedindo assim que as bolhas escapassem da mistura. A umidade (MC) para os filmes de ĸcarragena: amido foi baixa e variou de 2,52 a 3,74%. A MC aumentou com o aumento da concentração de amido devido à maior densidade de grupos hidroxila nas moléculas de amido. A solubilidade em água (WS) variou de 39,22 a 62,86%. Os filmes 100κ-c e 75κ-c apresentaram WS menores do que 50  $\kappa$  –c, 25 $\kappa$ -c e 0 $\kappa$ -c, isso ocorre porque a  $\kappa$ -carragena foi estabilizada por ions metalicos deixando-a menos solúvel. Os resultados dos graus de intumescimento (SD) variaram de 391,6 (0 $\kappa$ -c) a 2002% (100 $\kappa$ -c). O SD aumentou à medida que a concentração de  $\kappa$ carragena aumenta, isso porque as soluções de k-carragena fornecem hidrogéis físicos na presença de íons metálicos. Assim, eles podem absorver mais água do que o filme à base de amido (0k-c). As estruturas do filme permaneceram estáveis mesmo após o ganho máximo de água no perfil da curva cinética. Esse resultado sugere que os filmes apresentam redes estáveis devido à associação ativa entre os precursores dos filmes. O 100k-c e o 75k-c foram mais permeáveis ao vapor de água do que o 25k-c e o 0k-c. O 50k-c suportou um WVP significativamente menor do que o WVP para 75k-c (p> 0,05). Estruturas rígidas (com SDs baixos) devem promover WVPs baixos. Os filmes apresentaram excelentes aspectos visuais. Os altos valores de luminosidade e índice de brancura e as medidas baixas de coloração total indicam filmes incolores. A opacidade do filme variou de 0,67 a 0,88. Os filmes com maior quantidade de amido apresentaram maior opacidade. A permeabilidade ao óleo obteve resultados entre 0,0033 e  $0,0043 \text{ mm m}^2 \text{ d}^{-1}$ , esses baixos valores indicam que o óleo tem dificuldade de transpor os filmes, isso se deve aos grupos hidrofóbicos dos precursores. Em relação às propriedades mecânicas, conforme o teor de k-carragena aumentou maior foi à resistência à tração. Os filmes com maior quantidade de κ-carragena tiveram um maior módulo de Young, ou seja, foram mais rígidos, porém, tiveram menos alongamento na ruptura. O espectro de FTIR apresentou bandas que comprovaram que os filmes realmente são compostos por PVA, glicerol, amido e κ-carragena. As análises termogravimétricas indicam que o amido é mais estável termicamente se comparado com a κ-carragena, então os filmes com maior quantidade de amido serão mais estáveis em altas temperaturas. A análise de DSC indicou picos endotérmicos nos filmes com maior quantidade de amido (0k-c e 25k-c), nos demais filmes ocorreram apenas picos exotérmicos. Picos endotérmicos indicaram a fusão do material e picos exotérmicos a degradação do material, portanto, esse resultado também indica que os filmes com maiores quantidades de amido são mais estáveis termicamente.

**CONCLUSÃO.** A partir dos resultados obtidos pode-se concluir que o método de fundição foi eficiente para a produção dos filmes a partir dos parâmetros utilizados. A razão entre  $\kappa$ -carragena: amido foi essencial para as propriedades mecânica, físicas e químicas obtidas. A adição de amido a  $\kappa$ -carragena produziu filmes mais flexíveis e mais estáveis termicamente. A presença de  $\kappa$ -carragena forneceu filmes mais rígidos. Portanto, dependendo da aplicação desejada pode-se alterar a razão dos polímeros para a produção do filme ideal.

#### Palavras chaves: Polissacarídeos; embalagem de alimentos; Biopolímero

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#### Abstract

27 Biodegradable films have been a great alternative compared to non-renewable sources because of 28 their cytocompatibility, biodegradability, and antimicrobial features. These properties may raise 29 the food stuff shelf life, reducing costs and economic losses. Indeed, biodegradable films can also 30 reduce the environmental pollution promoted by non-biodegradable conventional packs. For the 31 first time, biodegradable films were produced by casting commercials kappa-carrageenan ( $\kappa$ -car) 32 and cassava starch at different  $\kappa$ -carrageenan/cassava starch weight ratios. Physical, thermal, and 33 mechanical properties were evaluated. Apparent opacity and color analyses suggest that the films 34 present high transparency. The sample  $0\kappa$ -c supported a film with high water solubility (39.22%) 35 and a low swelling degree (391.6%). The lowest water vapor permeability (WVP) was observed for 50 $\kappa$ -c (3.01 × 10<sup>-8</sup> g (Pa m s)<sup>-1</sup>). The oil permeability varied from 0.0033 to 0.0043 mm m<sup>2</sup> 36 37  $d^{-1}$ . The 100k-c and 75k-c films (high k-carrageenan contents) had higher stiffness (19.23 and 38 25.88 MPa, respectively) than the 25 $\kappa$ -c and 0 $\kappa$ -c films with elongation at break ( $\epsilon$ ) of 21.60 and 39 67.65%, respectively. The thermal stability increased as the starch concentration raised in the 40 blend. We produced low-cost biodegradable films from commercial polysaccharides. These films 41 can be used as food packs.

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#### 43 **Keywords:** Polysaccharides; Food packaging; Biopolymers.

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#### 49 **1 Introduction**

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Petroleum is a non-renewable resource widely used to produce plastics for conventional food packaging. This resource is harmful to the environment, mainly in aquatic media, due to low of biodegradability. In this context, alternative materials should be investigated [1,2]. Biodegradable products are great alternatives to petroleum-based plastics [3]. However, despite the positive features of biodegradable films and coatings, they represent only 5 to 10% of the plastics' current market. It occurs due to high production costs of packs.

57 Biodegradable materials can be used to develop packs, including cellulose, chitosan, 58 pectin, starch, and proteins extracted from vegetable and animal sources [4]. Here, we highlight 59 the starch, which is abundant, renewable, inexpensive, environmentally eco-friendly, and 60 cytocompatible [5]. Biodegradable starch-based packs have been mainly created following the 61 solvent evaporation approach (casting method) [6].

62 Starch comprises linear amylose and branched amylopectin structures. Amylose  $(10^5)$ 63 g/mol) is composed of  $\alpha$ -1,4 glucose units. This moiety supports the ability for film-forming. The 64 amylopectin ( $10^6$ - $10^7$  g/mol) is formed of  $\alpha$ -1,4 glucose units linked by  $\beta$ -1,6 bonds. The high 65 molecular mass of amylopectin reduces the polymer chains' mobility in solution resulting in a 66 high viscosity [6,7]. Hydroxyl groups on the starch are responsible for H-bonds that hold the 67 starch chains together, promoting aqueous insolubility. However, thermoplastic starch (TPS) is 68 formed as the starch granules are gelatinized with a plasticizer (like glycerol) in water excess at 69 temperatures between 60 and 100°C.

Starch-based films are often brittle and present weak mechanical properties [8].
Therefore, the TPS can be mixed with other polymers to produce blends with excellent
mechanical traits after the solvent evaporation [7]. Polymer blending is a well-used strategy

whenever a change or improvement of properties is necessary [9,10]. Starch-based films were created by blending starch with gelatin [11], lignocellulose nanofibers [3] chitosan [12], and biodegradable poly(vinyl alcohol) (PVA) [8,13–15]. PVA presents excellent features, including high tensile strength, flexibility, and thermal stability [16]. The association between PVA and starch can support films with appropriate mechanical properties for food packaging applications.

78 Few studies have reported about starch/ $\kappa$ -carrageenan blends.  $\kappa$ -Carrageenan has a linear 79 sulfated structure obtained from red seaweed [17]. It is composed of D-galactose and 3,6-80 anhydro-D-galactose units linked by  $\alpha$ -1,3 and  $\beta$ -1,4-glycosidic linkages [18].  $\kappa$ -Carrageenan has 81 gelling and film-forming features [19]. These traits allow producing biodegradable films [10,19– 21]. GENUGEL<sup>®</sup> is a commercial product of  $\kappa$ -carrageenan developed by CP Kelco. It is applied 82 as a thickening, stabilizing, gelling, and texturizing agent in food applications [22]. GENUGEL® 83 84  $\kappa$ -carrageenan was still not reported in biodegradable films. Also, it was not associated with the 85 starch to provide blends and, thereby, films by the solvent evaporation method.

The use of starch and  $\kappa$ -carrageenan is approved by the Food and Drug Administration (FDA) [22,23]. Both can be used as food ingredients and also in food packs. In this study, we evaluated the effect of the incorporation of a commercial  $\kappa$ -carrageenan on the physicochemical properties of starch-based films for the first time. PVA and glycerol were used as plasticizers. The films were created following the casting approach. Infrared spectroscopy, and mechanical and thermal analyses characterized the films.

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99 2.1 Materials
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Biodegradable films were produced with the commercial cassava starch, graciously
donated by Indemil (Paranavaí, Brazil) and commercial GENUGEL<sup>®</sup> κ-carrageenan (277 kDa)
gently donated by CP Kelco (Limeira, Brazil). Poly(vinyl alcohol) (PVA) (BASF, Germany) and
glycerol (Dinâmica, Brazil) were used as plasticizers without previously purification steps.

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#### 106 **2.2 Producing films**

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108 Films based on  $\kappa$ -carrageenan, cassava starch, PVA, and glycerol were created from the 109 casting method as previously reported elsewhere with modifications [24]. Glycerol and PVA 110 were dissolved in distilled water under magnetic stirring. Then, desirable k-carrageenan and 111 cassava starch contents were slowly added to the aqueous glycerol and PVA solution with 112 magnetic stirring for 20 min. The mixture was heated to 90°C for 30 min under magnetic stirring 113 to prepare polymer blends and support starch gelatinization. After, the mixtures were added to the 114 ultrasonic bath for 10 min (25°C) to remove air bubbles, and then, the mixtures were transferred 115 to Petri dishes (polystyrene plates with a diameter of 150 mm). The solvent evaporation was 116 carried out at 40°C for 16 h. After the solvent evaporation, each film was peeled off the Petri dish 117 and stored in an appropriate package at room temperature for further analysis. It was produced 118 five different films containing 25 wt% glycerol and 25 wt% PVA concerning the polysaccharide 119 concentration (wt%) in the blend. The films were prepared at  $\kappa$ -carrageenan: starch weight ratios 120 of 100:0 (100ĸ-c), 75:25 (75ĸ-c), 50:50 (50ĸ-c), 25:75 (25ĸ-c) and 0:100 (0ĸ-c).

#### 121 **2.3 Moisture (MC) and water solubility (WS)**

122

123 Moisture (MC) content and water solubility (WS) of the films was carried according to an 124 experimental protocol reported elsewhere (n = 3) [25]. The moisture weight fraction (MC) was 125 gravimetrically determined at 103°C for 24 h. The MC (%) was obtained through Eq. 1, using 126 samples  $(2 \times 2 \text{ cm})$  with  $M_0$  of approximately 0.3 g

127 
$$MC (\%) = [M_0 - M_f / M_0] x 100$$
(1)

128 Where  $M_0$  and  $M_f$  correspond to the initial and final film masses, respectively.

129 For the WS test, films  $(2 \times 2 \text{ cm})$  were dried at 103°C for 24 h and weighed at 25°C. 130 After, the samples were added to 30 mL of distilled water (for 24 h at 25°C and 100 rpm of 131 shaking). Then, the swollen samples were dried in an incubator (103°C) for 24 h. After, the final 132 dry mass  $(M_f)$  of the samples was determined at 25°C. The WS was determined through Eq. 2

133 
$$WS(\%) = [M_0 - M_f/M_0] \times 100$$
 (2)

Where  $M_0$  is the initial mass of the film and  $M_f$  is the final film mass determined after 134 135 exposure to the distilled water for 24 h.

136

#### 137 2.4 Swelling degree and swelling kinetic

138

139 The swelling degree (SD%) was determined as reported elsewhere [22]. Dried films (0.20) 140 g) were added to 30 mL of distilled water (24 h at 25 °C and 100 rpm of shaking). The SD% was 141 determined in triplicate using the Eq. 3.

142 
$$SD(\%) = [M_s - M_d/M_d] \times 100$$
 (3)

Where  $M_s$  and  $M_d$  are the mass of swollen and dried samples, respectively. 143

144	Swelling kinetics were performed according to a reported work [26]. The dried $\kappa$ -						
145	carrageenan/starch samples (2 $\times$ 2 cm) were weighed (0.20 g) and immersed in 30 mL of distilled						
146	water for 24 h at 25°C with 100 rpm of shaking. The swelling kinetics were evaluated by						
147	measuring the film masses at different time intervals (after 1, 10, 30, 60, 120, 180, 300, and 600						
148	min). The profile of the kinetic curves was determined by using the swelling degrees assessed at						
149	different time intervals through Eq. 4						
150	$SD(\%) = [M_t - M_0/M_0] \times 100$ (4)						
151	Where $M_t$ and $M_0$ are the swollen film masses at desirable times t (min) and the initial dry						
152	film mass at time $t = 0$ min, respectively.						
153							
154	2.5 Water vapor permeability						
155							
156	The water vapor permeability (WVP) was gravimetrically determined according to the						
157	ASTM E-96-(00) (2000) standard [24].						
158							
159	2.6 Oil permeability						
160							
161	The oil permeability was carried following the methodology reported by Yan and						
162	coworkers [27]. Films were cut and placed on the top of a small glass bottle containing 5 mL of						
163	soybean oil. The bottle was placed upside-down over a filter paper (previously weighed) and						
164	maintained in a desiccator for 48 h at 25°C. The Po was determined through Eq. 5						
165	$Oil permeability = \Delta W \ x \ X / A \ x \ t \tag{5}$						

170 2.7 Color and apparent opacity

171

172 The colors of the films were evaluated using a colorimeter (Minolta Spectrophotometer, 173 CM- 3500D, Osaka, Japan) through of the lightness/brightness ( $L^*$ ), redness/greenness ( $a^*$ ) and 174 yellowness/blueness ( $b^*$ ) parameters. The equipment was calibrated following the manufacturer. 175 The total color difference ( $\Delta E$ ) and whiteness index (*WI*) were obtained through Eqs. 6 and 7.

176 
$$\Delta E = \sqrt{(L^* - L)^2 + (a^* - a)^2 + (b^* - b)^2}$$
(6)

177 
$$WI = 100 - \sqrt{(100 - L)^2 + a^2 + b^2}$$
(7)

178 Where  $L^*$  (92.60),  $a^*(-0.92)$  and  $b^*(-2.24)$  were the white plate color parameters.

The apparent opacity was measured as previously described by Shojaee-Aliabadi and coworkers [28]. Samples films (approximately 10×40 mm) were added to a quartz cuvette and spectrophotometrically analyzed using a Thermo Fisher Scientific, Genesys 10-S model at 550 nm. A quartz cuvette without film was used as a control. The apparent opacity was determined by the Eq. 8

185

$$Apparent opacity = Abs_{550}/X$$
(8)

186

- Where  $Abs_{550}$  is the absorbance at 550 nm, and X is the film thickness (µm).
- 187

## 189 2.8 Characterization

## **2.8.1** Thickness and mechanical properties

193	An electronic digital micrometer $(0 - 25 \text{ mm with a resolution of } 0.001 \text{mm/YST}, \text{ model}$
194	tech/YUANLS-H4024) was used to measure the film thicknesses. Fifteen random measurements
195	were performed in the films, using areas of approximately 9.6 $\text{cm}^2/3.5$ cm of diameter.
196	A texturometer, model TA.TX2 plus (England) was used to perform the mechanical
197	assays according to the ASTM D882-02 (2002) standard with some modifications [29,30]. We
198	evaluated the tensile strength ( $\sigma$ - MPa), elongation at break ( $\epsilon$ - %), and Young's modulus (MPa)
199	(Modulus of elasticity related to the rigidity of the material). Five specimens for each sample (50
200	$\times$ 25 mm) were previously conditioned at 53 $\pm$ 2% relative humidity and saturated Mg(NO_3)_2
201	solution (25 $\pm$ 2°C) for 48 h. The test speed was 0.83 mm s <sup>-1</sup> , and the initial distance between the
202	grips was 30 mm.
203	
204	2.8.2 Fourier-transform infrared spectroscopy
205	
206	Fourier transform infrared spectroscopy (FTIR) spectra of the dried films were obtained in
207	an Agilent infrared spectroscopy (Cary 630, USA). Prior, the films were triturated and dried with
208	anhydrous calcium chloride salt for 1 week. Then, 3 mg of each film was pellet with 100 mg of
209	KBr. The analysis was performed over the spectral range from 4000 to 400 $cm^{-1}$ , with 4 $cm^{-1}$
210	resolution and 64 scans.
211	

214	Thermogravimetric (TGA/DTG) analysis was carried out in a Shimadzu						
215	thermogravimetric apparatus (model TGA50, Japan) from 25 to 650°C at 10°C/min rate, under						
216	50 mL/min argon purge. Differential scanning calorimetry (DSC) analysis was performed in a						
217	Shimadzu apparatus (model DSC60 Plus, Japan) at heating rate of 10 °C/min, from 20 to 300°C,						
218	under 50 mL/min argon purge.						
219							
220	2.9 Statistical analysis						
221							
222	The data were analyzed using PAST software Past [31], with analysis of variance and						
223	<i>Tukey's test</i> at a 5% significance level ( $p \le 0.05$ ).						
224							
225	3 Results and discussion						
226							
227	3.1 Development and appearance of the films						
228							
229	In preliminary tests, we observe that $\kappa$ -carrageenan: starch films containing glycerol (25						
230	vol% regarding the whole polysaccharide weight in the blend) presented weak mechanical						
231	properties. Indeed, it was tough to remove these films from the Petri dishes. Then, PVA (25 wt%						
232	concerning the whole polysaccharide weight in the blend), a biodegradable polymer, miscible in						
233	aqueous starch-based solutions) was associated with the $\kappa$ -carrageenan: starch: glycerol mixtures						
234	to improve the films' mechanical properties [23,27]. Overall, κ-carrageenan: starch films showed						

236

excellent processability, handleability, and homogeneity (**Figure 1**). The films' thickness ranged from 150 to 190  $\mu$ m. This finding can support packages for food applications.

237 Semi-refined carrageenan: ulvan (101  $\mu$ m) [23] and  $\kappa$ -carrageenan: mulberry 238 polyphenolic extract films (165  $\mu$ m) [32] had lower thicknesses than the  $\kappa$ -carrageenan: starch 239 films. On the other hand, potato starch: furcellaran: gelatin films incorporated with lavender 240 essential oil showed a high thickness (200  $\mu$ m) [11]. The film's thickness depends on the blend 241 composition and polymer concentration [33]. K-Carrageenan, starch, and PVA are biodegradable 242 polymers with predominant linear structures [13,18,23]. The film's thickness also relies on the 243 polymer structure. Branched materials provide higher thickness than linear polymers. Also, a 244 high polymer content in the blend increases the film's thickness [23].

Gómez-Aldapa and coworkers evaluated the effect of PVA on the physicochemical properties of starch-based films. The same authors observed that  $\kappa$ -carrageenan films present similar features even as different plasticizers (glycerol and sorbitol) were used [23,25]. Films with regular appearance were yielded by blending  $\kappa$ -carrageenan and corn starch, following the high-pressure homogenization approach [34].

In this study, the ultrasound bath played a significant role in removing bubbles from the polymer blends. However, even after the treatment, small bubbles remained in the 100 $\kappa$ -c solution (**Figure 1**). It happens because the aqueous  $\kappa$ -carrageenan solution (3.0% wt/vol) should support a high viscosity due to the linear polymer structure and high molar mass (277 kDa). So, the bubbles do not escape from the blend.



256

Figure1. Digital images of the κ-carrageenan: starch films: (A) 100κ-c, (B) 75κ-c, (C) 50κ-c,
 (D)25κ-c, and (E) 0κ-c.

260 CP Kelco kindly donated the commercial  $\kappa$ -carrageenan used in this study. It is used as a 261 thickening, stabilizing, gelling, and texturizing agent in food industries [35]. The addition of 262 metallic ions in the  $\kappa$ -carrageenan composition should improve these properties. A previous study 263 showed that sodium (6.3 g/kg), potassium (216.1 g/kg), and calcium (12.5 g/kg) ions occur in this 264 commercial  $\kappa$ -carrageenan [22]. These metallic ions stabilize the anionic  $\kappa$ -carrageenan chains 265 [36] due to electrostatic interactions with the sulfate sites on the  $\kappa$ -carrageenan, facilitating the 266 approximation of the polymer chains, and thereby, promoting films' stability. Also, the 267 stabilization can be intensified by associating suitable glycerol [25] and PVA contents [15,37] to 268 the aqueous  $\kappa$ -carrageenan and starch solutions (Scheme 1). The film's stability depends on the intermolecular and intramolecular interactions established between the material chains, including
H-bonds, dipole-dipole, ion-dipole, electrostatic, and hydrophobic forces [15,22].



272 273

274

271

**Scheme 1.** Formation scheme of  $\kappa$ -carrageenan: starch films.

- 275 **3.2** Water solubility, moisture, swelling degree, and kinetic of water adsorption
- 276

277 The moisture (MC) for k-carrageenan/starch films was low and ranged from 2.52 to 278 3.74% (Table 1). The difference between the moisture for 100k-c and 75k-c pair, as well as for 279 25k-c and 0k-c pair was not significant (p < 0.05). The MC increases as the starch concentration 280 rise due to the higher density of hydroxyl groups on the starch molecules [15,37] compared to the 281  $\kappa$ -carrageenan and because metallic ions stabilize the anionic  $\kappa$ -carrageenan chains in the films. 282 Polar hydroxyl groups on film components are responsible for inter- and intra-molecular H-bonds 283 with water molecules [23]. Farhan and Hani reported high MC values between 8.8 and 14.5% wt/wt for k-carrageenan films containing glycerol (20 to 30% wt/wt) [25]. Starch films 284

containing glycerol (25% wt/wt) also had high moisture content (between 9 and 17 %) [38]

286 mainly due to the high glycerol level in the film and presence of polysaccharides with sites

available to interact with water molecules.

#### 288 Table 1.

289 Physical properties of the films.

Formulation	MC%	WS%	SD%	Po (550/X)	WVP [×10 <sup>-8</sup> g m (Pa m <sup>2</sup> s) <sup>-1</sup> ]
100к-с	$2.53\pm0.09^a$	39.22±0.56	$2002 \pm 49.0$	$0.67 \pm 0.02^{a}$	$3.82\pm0.74^{a,b}$
75к-с	$2.52\pm0.07^a$	51.15±1.85	$1762 \pm 30.0$	$0.68 {\pm} 0.02^{a}$	$4.48\pm0.53^a$
50к-с	$2.91\pm0.03^{b}$	$60.42 \pm 4.92$	$1083 \pm 27.0$	$0.84{\pm}0.01^{bcd}$	$3.01 \pm 0.37^{b}$
25к-с	$3.69\pm0.16^{c}$	59.19±1.85	773.0±10.0	$0.86 {\pm} 0.00^{cd}$	$3.84 \pm 0.22^{a,b}$
0к-с	$3.74\pm0.14^{cd}$	$62.86{\pm}1.43$	391.6±8.5	$0.88{\pm}0.11^{d}$	$3.32\pm0.04^{a,b}$

290 MC (%): moisture content; WS (%): water solubility; SD (%): Swelling degree (%); Po: Apparent opacity; X is

thickness ( $\mu$ m) of the film; WVP: water vapor permeability. Results presented in mean ± standard deviation (n = 3).

295 The WS is a crucial parameter to evaluate the film's integrity in aqueous systems [3]. The 296 WS ranged from 39.22 to 62.86% (Table 1). The 100k-c, 75k-c, and 50k-c presented higher WS 297 than the 25k-c and 0k-c. The commercial k-carrageenan used in this study presents ionized 298 sulfate sites stabilized by metallic ions (Scheme 1). These metallic ions support stability against 299 solubilization at high levels of  $\kappa$ -carrageenan [39,40]. The WS increased from 39.22% (film 300 100k-c) to approximately 60% (samples 50k-c, 25k-c, and 0k-c). The starch is not soluble in 301 aqueous solutions owing to the rearrangement of the hydrophobic starch chain segments in 302 aqueous solutions [41], but starch-based materials can adsorb high water contents [42]. This fact 303 can disrupt the film structure at a high starch concentration (Table 1).

The swelling degrees (SDs%) carried out in distilled water were statistically different (p < 0.05, **Table 1**). The SD increase as the  $\kappa$ -carrageenan content in the blend is high. Indeed, the SD has a linear dependence ( $R^2 = 0.9985$ ) with the  $\kappa$ -carrageenan concentration. The SD results varied from 391.6 (0 $\kappa$ -c) to 2002% (100 $\kappa$ -c, **Table 1**). The SD increases as the  $\kappa$ -carrageenan

<sup>292</sup> Results presented in mean  $\pm$  standard deviation (n = 5). 293 <sup>a,b,c</sup> Different letters in the same column indicate significant differences ( $p \le 0.05$ ).

<sup>294</sup> 

308 concentration raise because the  $\kappa$ -carrageenan solutions provide physical hydrogels at the 309 presence of metallic ions. Hydrogel films can adsorb high water contents depending on the 310 composition and experimental procedure used to create the films [29]. In this study, all samples 311 containing  $\kappa$ -carrageenan are physical hydrogels; therefore, they can absorb more water than the 312 starch-based film (0 $\kappa$ -c).

313 The highest swelling degree was reported for  $100\kappa$ -c (sample without starch) due to the 314 presence of stabilized sulfate groups on k-carrageenan chains [43]. k-Carrageenan stabilized by 315 electrostatic interactions with metallic ions provide durable physical hydrogels with 316 tridimensional structures [22]. These structures support water diffusion in the film matrices and, 317 thereby, high SDs [44]. The addition of  $\kappa$ -carrageenan in the blends reduces the interactions 318 between starch-starch chains, allowing expansion of the polymer networks and high SDs. The 319 kinetic curves of water absorption are presented in Figure 2. The results agreed with the SDs 320 findings, determined after 24 h of exposure to the distilled water. The water uptake reached 410 321 and 2200% between 120 and 180 min, except for  $0\kappa$ -c that achieved the equilibrium state after 60 322 min. The maximum and minimum water gain was observed for 100k-c and 0k-c, respectively.

The film structures remained stable even after the maximum water gain in the kinetic curve profile. This result suggests that the films present stable networks due to the active association between the film precursors. Some samples showed a loss of mass between 100 and 600 min after the equilibrium state. As indicated by the WS test, the loss of mass should increase after 600 min of water exposure. Thawien and Manjeet prepared and studied the properties of starch: chitosan films. The authors justified that the loss mass happened due to the solubilization of chitosan in aqueous solutions of dilute acids [45].





331 332

**Figure 2.** Swelling kinetic curves of the κ-carrageenan: starch films.

The SD findings reported here agreed with other results already published. Luchese and coworkers developed cassava starch-based films (incorporated with blueberry pomace) with SDs ranging from 240 to 280% [46]. Another study reported modified maize starch: essential oil films with SDs between 118 and 231% [47]. κ-Carrageenan-based composite films containing sulfur nanoparticles and grapefruit seed extract had SDs between 2900 and 3800% [48]. The commercial κ-carrageenan used here also supported a physical hydrogel with a high SD of approximately 3000% [22].

**Table 1** also presents the WVP results. The 100 $\kappa$ -c and 75 $\kappa$ -c were more permeable to water vapor than the 25 $\kappa$ -c and 0 $\kappa$ -c. The 50 $\kappa$ -c supported a WVP significantly lower than the WVP for 75 $\kappa$ -c (p > 0.05). Stiff structures (with low SDs) should promote low WVPs. This behavior can also be inferred by analyzing the opacity results (**Table 1**). The 50 $\kappa$ -c presents the

lowest WVP  $(3.01 \times 10^{-8} \text{ g} \text{ m} (\text{Pa m}^2 \text{ s})^{-1})$  and high opacity (absorbance of 0.85). Stiff structures suggest compact materials with high opacity and low WVP. The mechanical properties presented in the next section confirm these results.

347 The WVP and opacity results agreed with other reported findings. Garcia and coworkers 348 produced cassava starch: poly(butylene adipate-co-terephthalate) films with and without sericin 349 (a compatibilizer agent) by extrusion approach [30]. The WVP increases as the sericin 350 concentration raise in the films because it supports stiff films. Roy and Rhim prepared 351 carrageenan-based composite films with ZnO nanoparticles stabilized by melanin. The WVP varied from 1.22 to  $1.58 \times 10^{-9}$  g m (Pa m<sup>2</sup> s)<sup>-1</sup> [49]. Saedi and coworkers prepared carrageenan: 352 353 silver nanoparticles: halloysite composite films treated with sodium dodecyl sulfate. The WVP was between 1.31 and  $1.84 \times 10^{-9}$  g m (Pa m<sup>2</sup> s)<sup>-1</sup> [50]. In this study, the association of  $\kappa$ -354 carrageenan and starch with hydrophilic PVA and glycerol materials support WVP 10-fold higher 355  $(10^{-8} \text{ g m} (\text{Pa m}^2 \text{ s})^{-1})$  than the WVP of pure  $\kappa$ -carrageenan films reported elsewhere [49,50]. 356

357

#### 358 **3.3 Color and opacity**

359

The color is an essential parameter for producing edible films because it influences the appearance of the final material, compromising in consumer acceptance [20,51–53]. The lightness/brightness (L<sup>\*</sup>), redness/greenness (a<sup>\*</sup>), yellowness/blueness (b<sup>\*</sup>),  $\Delta E$ , and WI color parameters of the different samples are presented in **Figure 3** (see the Supplementary Material **S.1** as well). The films displayed excellent visual appearance without the occurrence of deep coloration. The high values for L and WI, and low measures for E, suggest colorless films. No significant difference occurs in the L<sup>\*</sup> parameter (p < 0.05). These features are positive points for 367 commercial applications. However,  $a^*$  and  $b^*$  parameters were significantly affected (p < 0.05) by 368 the  $\kappa$ -carrageenan: starch blend composition. The redness/greenness and yellowness/blueness are 369 practically imperceptible for most consumers.



370

374

371Figure 3. Color parameters L\*, a\*, b\*, ΔE, and WI of the κ-carrageenan: starch films.372Lightness/brightness - L\*; redness/greenness - a\*; yellowness/blueness - b\*; color difference -373 $\Delta E$ ; whiteness index - WI.

Consumers well accept transparent packaging films. The film opacity (opposite property concerning the transparency) ranged from 0.67 to 0.88 (**Table 1**). The 50 $\kappa$ -c, 25 $\kappa$ -c, and 75 $\kappa$ -c have higher opacity than the 100 $\kappa$ -c and 75 $\kappa$ -c (p < 0.05). The films exhibited high transparency. Our results agreed with the findings reported by Domene-López and coworkers that showed a comparative study about the properties of starch-based films [7]. Also, tapioca starch films presented high opacity (2.78 - 3.15) [54]. The transparency relates to the amorphous arrangements in films composed of  $\kappa$ -carrageenan and starch [55].

#### 382 **3.4 Oil permeability**

383

The oil permeability was between 0.0033 and 0.0043 mm m<sup>2</sup> d<sup>-1</sup> for the  $\kappa$ -carrageenan: 384 385 starch films (p < 0.05). Low oil permeability indicates that the oil molecules have difficulty in 386 transposing the film. High amounts of hydroxyl groups in the glycerol, PVA, and polysaccharides 387 prevent the passage of oil molecules through the film due to weak interaction among hydrophilic 388 moieties in the film precursors and hydrophobic oil. Soybean oil is mostly composed of fatty 389 acids with average carbon chains of 18 atoms [56]. Carbonic chains preferably interact with 390 hydrophobic moieties, resulting in low oil permeability. 391  $\kappa$ -Carrageenan/glycerol films provided low oil permeability between 0.37 and 0.97 g mm  $m^{-2} d^{-1}$ ) [25]. On the other hand, oxidized and acetylated corn starch films presented high oil 392 permeability (0.3 to 1.5 g mm m<sup>-2</sup> d<sup>-1</sup>). Depending on the glycerol content into the film, it can 393 394 significantly increase the free volume into the material, favoring the oil permeability due to the 395 high film flexibility [27]. In this study, the films were prepared with the same concentration of 396 plasticizer (glycerol and PVA); therefore, the difference in films' physical property may not be

397 attributed to the plasticizer's content. Therefore, the physical features are impacted by the  $\kappa$ -398 carrageenan: starch weight ratio in the blend.

399

#### 400 **3.5 Mechanical properties**

401

402 The mechanical properties play an essential role in the film's applicability. The results of 403 the tensile strength ( $\sigma$  - MPa), elongation at break ( $\epsilon$  - %), and Young's modulus ( $\Sigma$  - MPa) are 404 presented in **Table 2**. High  $\sigma$  occurs as the  $\kappa$ -carrageenan content rises in the blend ( $\sigma$  = 19.23

405	MPa for 100 $\kappa$ -c and $\sigma$ = 25.88 MPa for 75 $\kappa$ -c with no statistical difference between the results).
406	The $\sigma$ for 75 $\kappa$ -c is significantly ( $p < 0.05$ ) higher than the $\sigma$ found for the other films containing
407	starch ( $\sigma$ between 6.53 and 17.29 MPa). Compared to the other films, the 0 $\kappa$ -c is significantly
408	less resistant and stiff (see Young's modulus in Table 2). The 100k-c and 75k-c have the highest
409	Young's modulus ( $p < 0.05$ ), while the 100 $\kappa$ -c presents the lowest elongation at break ( $\epsilon$ =
410	4.36%). On the other hand, $0\kappa$ -c is more flexible ( $\epsilon = 67.65\%$ ) than the other films ( <b>Table 2</b> ).

- 411 Table 2
- 412 Mechanical properties of the films.

Formution	σ (MPa)	ε (%)	$\Sigma$ (MPa)
100к-с	$19.23 \pm 3.58^{a.b}$	$4.36 \pm 0.90^{\circ}$	$59.64\pm9.53^{\rm a}$
75к-с	$25.88\pm2.55^{\mathrm{a}}$	$8.41 \pm 1.71^{\circ}$	$27.03 \pm 8.64^{\mathrm{b}}$
50к-с	$17.29 \pm 2.43^{\mathrm{b.c}}$	$26.37 \pm 1.18^{b}$	$5.30\pm0.58^{\rm c}$
25к-с	$12.10 \pm 2.36^{ m c.d}$	$21.60 \pm 4.12^{b}$	$4.83\pm0.40^{\rm c}$
0к-с	$6.53\pm0.66^{\rm d}$	$67.65 \pm 7.05^{\mathrm{a}}$	$1.23 \pm 0.01^{\circ}$

413  $\sigma$  (MPa): tensile strength;  $\epsilon$  (%): elongation at break;  $\Sigma$  (MPa): Young's modulus;

414 Results presented in (mean  $\pm$  standard deviation); n = 5;

415 <sup>a,b,c</sup>Different letters in the same column indicate significant differences ( $p \le 0.05$ ).

The  $\sigma$  and Young's modulus significantly increase at high  $\kappa$ -carrageenan contents (Table 416 417 **2**). The commercial  $\kappa$ -carrageenan chains are stabilized by metallic ions [22,57]. These cations 418 are "physical crosslinking agents" for  $\kappa$ -carrageenan, promoting films with high stiffness [54]. 419 The  $\sigma$  reduced from 38.2 MPa ( $\epsilon = 5\%$ ) to 5.6 MPa ( $\epsilon = 53\%$ ) as the glycerol (25% wt/wt) was 420 added to the film. A high  $\varepsilon$  occurs because the glycerol decreases the intramolecular interactions 421 between starch-starch chains, increasing polymer chain mobilities [38]. High  $\sigma$  and Young's 422 modulus imply low elongation at break [58]. 423 424 3.6 Fourier transform infrared (FTIR) spectroscopy

425

426 FTIR spectra of the films are presented in Figure 4, while the FTIR spectra of the
427 precursors are shown in Figure S2 (Supplementary Material). The band at 1730 and 1650 cm<sup>-1</sup>

428 are associated with the C=O bonds (of non-hydrolyzed poly(vinyl acetate) moieties and 429 carboxylic acids on proteins), and H<sub>2</sub>O bending [59] and stretching of C=O bonds of amides, 430 respectively. X-ray photoelectron spectroscopy confirmed that proteins should comprise the 431 commercial  $\kappa$ -carrageenan structure supplied by the CP Kelco [22].



The bands between 1400 and 1460 cm<sup>-1</sup> are mainly ascribed to the stretching of C - O -436 *H* and C=O bonds found on commercial polysaccharide and PVA chains. The band at 1110 cm<sup>-1</sup> 437 (mostly related to the stretching of C - O - H bonds on secondary alcohols) and bands between 438 950 and 1050 cm<sup>-1</sup> (assigned to the stretching of C - C - H and C - OH bonds, respectively) 439 occur due to the polysaccharide, PVA and glycerol structures. Other bands at 925 cm<sup>-1</sup> (assigned 440 to the 3,6-dehydrated galactose repeat unit) related to the stretching of C - O - C bonds and 850

432

433

441 cm<sup>-1</sup> (ascribed to the galactose-4-sulfate repeat unit) assigned to the stretching of C - O - S442 bonds take place due to the presence of starch and  $\kappa$ -carrageenan in the films, respectively. The 443 FTIR findings confirm that the films are composed of  $\kappa$ -carrageenan, starch, PVA, and glycerol 444 [20,25,60–62].

445

446 **3.7 Thermogravimetric analysis** 

447

Thermogravimetric analysis (TGA) evaluated the thermal stability of the polysaccharides and films. Thermograms are indicated in **Figure 5**. The loss of water (linked through H-bonds with the polymers and glycerol) and volatile compounds occurs between 80 and 110°C [12]. The thermal events between 200 and 400°C are attributed to the decomposition of the materials [63]. Compared to these outcomes, edible native cassava starch-based films supported similar TGA profiles [61].

454 The first derivate of the TGA curves provides inflection points where the rate of 455 degradation is the highest. The inflection points in the films DTG curves occur in the temperature 456 range of the inflection points indicated in the DTG curves for the  $\kappa$ -carrageenan (210°C) and 457 starch (334°C) films (Figure 5). The inter- and intra-molecular H-bonds established between 458 starch macromolecules support its high thermal stability. Therefore, the thermal stability of the 459 films reduces as the  $\kappa$ -carrageenan content raise in the blend. Medina Jaramillo and coworkers 460 reported this behavior. They studied the thermal stability of edible cassava starch films 461 containing yerba mate extract. The addition of the extract reduced the thermal stability of the 462 films [60].





Figure 5. TGA and DTG curves of the polysaccharides (A) and films (B).

464

#### 466 **3.8 Differential scanning calorimetry**

467

468 The DSC curves of the polysaccharides and films are presented in Figure 6. The 469 thermograms of the pure starch and films ( $0\kappa$ -c and  $25\kappa$ -c) with high starch contents show 470 endothermic peaks at 290 °C, and 234 °C, respectively. No endothermic peaks occur in the DSC 471 profiles of the  $\kappa$ -carrageenan and films containing high  $\kappa$ -carrageenan contents (100 $\kappa$ -c, 75 $\kappa$ -c, 472 and 50 $\kappa$ -c). DSC profiles of other  $\kappa$ -carrageenan-based materials displayed similar behavior 473 compared to the 100k-c, 75k-c, and 50k-c DSC profiles [20,60]. Exothermic events are attributed 474 to material degradation [12]. Endothermic peaks occur owing to the melting of semi-crystalline 475 starch structures [60]. The semi-crystalline arrangement of the starch and starch-based films is 476 related to the high density of H-bonds established between the starch chains [64].

477 The films were created at the same concentration of glycerol and PVA. Therefore, the 478 thermal behavior of the films depends on the  $\kappa$ -carragennan: starch weight ratio in the blend. The 479 DSC profiles also indicate more thermal stable films at a high starch content. Therefore, the 480 endothermic peak in the 25κ-c DSC curve suggests that the semi-crystalline starch structure is 481 disrupted by the κ-carrageenan [65]. Starch and κ-carrageenan-based films with similar thermal 482 behavior were also reported elsewhere [12,20,60,66].



489 The casting method is efficient for producing films of cassava starch, PVA, glycerol, and 490  $\kappa$ -carrageenan at different  $\kappa$ -carrageenan: starch concentrations. The  $\kappa$ -carrageenan: starch weight 491 ratio played a critical role in the mechanical, physical, and chemical properties of the films. The 492 low WVP occurred at  $\kappa$ -carrageenan: starch ratio equal to 1. Depending on its features, a film can 493 be selected for the desired application. For example, fresh bread must be stored in packaging that 494 allows moisture to escape, preventing fungi and molds' growth. The addition of starch to the  $\kappa$ -495 carrageenan, PVA, and glycerol produced more flexible films with high thermal stability. The 496 presence of  $\kappa$ -carrageenan provided stiff films. Depending on the desired application, the film's 497 traits can be modulated by tuning the  $\kappa$ -carrageenan: starch weight ratio in the polymer blend.

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#### 738 **S1.** 739 Col

9 Color parameters of $\kappa$ -carrageenan: starch films.					
Formulation	L	а	b	ΔE	WI
100к-с	85.29±0.20ª	$0.49 \pm 0.02^{a}$	$7.69 \pm 0.28^{a}$	$12.40 \pm 0.34^{a}$	$83.40 \pm 0.30^{a}$
75к-с	84.94±0.29ª	$0.49 \pm 0.02^{ab}$	$7.13 \pm 0.31^{ab}$	$12.18 \pm 0.43^{a}$	$83.33 \pm 0.40^{a}$
50к-с	85.06±0.32ª	$0.55 \pm 0.02^{b}$	$6.61 \pm 0.23^{b}$	11.72±0.37 <sup>a</sup>	83.65±0.38ª
25к-с	$85.46 \pm 0.20^{a}$	$0.64 \pm 0.02^{\circ}$	$5.09 \pm 0.19^{\circ}$	$10.35 \pm 0.26^{b}$	$84.58 \pm 0.24^{ab}$
0к-с	85.90±0.15 <sup>a</sup>	$0.81 \pm 0.03^{d}$	$3.66 \pm 0.14^{d}$	$9.09 \pm 0.20^{\circ}$	$85.41 \pm 0.18^{\circ}$
Lightness/brightn difference (ΔE) an Results presented a,b,c Different let test.	ess (L*), redness/ nd whiteness inde in (mean ± stand ters in the same c	greenness (a*), y x (WI); ard deviation) – r olumn indicate si	rellowness/ bluend n = 3; Ignificant differen	ess (b*) parameter ces (p ≤ 0.05) acc	rs total color cording to Tukey's

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